

Event Name U13 Girls 3.2k

Pos	Time	First Name	Last Name	Age	Team Name
1	8:49	Emma	Nicholson	U13G	Giffnock North AC
2	8:50	Emily	Taylor	U13G	Law & District AAC
3	8:58	Lena	Skrzydewska	U13G	Motherwell AC
4	8:59	Brooke	Walker	U13G	Cambuslang Harriers
5	9:03	Brooke	Dawson	U13G	Springburn Harriers
6	9:05	Abbie	Boyle	U13G	Law & District AAC
7	9:05	Zoe	Roberts	U13G	Shettleston Harriers
8	9:05	Florence	Skinner	U13G	Garscube Harriers
9	9:05	Ava	Warboys	U13G	Kilmarnock H&AC
10	9:07	Chloe	Simpson	U13G	Giffnock North AC
11	9:07	Megan	Haggarty	U13G	Kilmarnock H&AC
12	9:08	Charlotte	Buchanan	U13G	Calderglen Harriers
13	9:13	Eilidh	Stephen	U13G	Shettleston Harriers
14	9:15	Olivia	Gavin	U13G	Giffnock North AC
15	9:15	Zoe	Baillie	U13G	East Kilbride AC
16	9:16	Caitlin	Laing	U13G	VP-Glasgow AC
17	9:17	Zara	Gillespie	U13G	Airdrie Harriers
18	9:19	Isla	Milligan	U13G	Ayr Seaforth AC
19	9:19	Emma	Birrell	U13G	Giffnock North AC
20	9:19	Abigail	Good	U13G	Ayr Seaforth AC
21	9:22	Emily	Good	U13G	Ayr Seaforth AC
22	9:26	Nina	Clark	U13G	East Kilbride AC
23	9:26	Melissa	Ashelby	U13G	East Kilbride AC
24	9:39	Rosie	Callan	U13G	Inverclyde AC
25	9:41	Caoimhe	Carmichael	U13G	Whitemoss AAC
26	9:46	Anna	Macfarlane	U13G	Giffnock North AC
27	9:46	Isla	Murray	U13G	Kilbarchan AAC
28	9:46	Martha	Steel	U13G	Motherwell AC
29	9:46	Kira	Mitchell	U13G	Kilbarchan AAC
30	9:46	Willow	Smith	U13G	Springburn Harriers
31	9:51	Grace	Frood	U13G	Law & District AAC
32	9:51	Eilidh	Brown	U13G	Giffnock North AC
33	9:51	Emily	Devine	U13G	Motherwell AC
34	9:51	Charlotte	Reilly	U13G	Shettleston Harriers
35	9:51	Isla	Preston	U13G	North Ayrshire AC
36	9:54	Helena	Wotherspoon	U13G	Law & District AAC
37	9:54	Hannah	Reid	U13G	Giffnock North AC
38	9:54	Freya	Mearns	U13G	Giffnock North AC
39	9:54	Lotty	Martin	U13G	Giffnock North AC
40	9:57	Abbie	Gallagher	U13G	Giffnock North AC
41	9:57	Allyssa	Bennet	U13G	Law & District AAC
42	9:57	Lacey	Naismith	U13G	Kilmarnock H&AC
43	9:57	Mia	Tomb	U13G	Giffnock North AC
44	9:57	Constance	Gardiner	U13G	Garscube Harriers
45	10:02	Rebecca	McCulloch	U13G	Kilbarchan AAC
46	10:02	Zoe	Brown	U13G	Kilmarnock H&AC
47	10:04	Rebecca	Adams	U13G	Giffnock North AC
48	10:04	Kaiti	McCue	U13G	North Ayrshire AC
49	10:11	Ava	Starrs	U13G	Cambuslang Harriers
50	10:11	Ruby	FREELAND	U13G	Giffnock North AC

Event Name U13 Girls 3.2k

Pos	Time	First Name	Last Name	Age	Team Name
51	10:17	Elspeth	Lickerish	U13G	Motherwell AC
52	10:22	Lucy	Campbell	U13G	Kilmarnock H&AC
53	10:22	Phoebe	Bonham	U13G	VP-Glasgow AC
54	10:25	EMMA	DOOEY	U13G	Larkhall YMCA Harriers
55	10:25	Elspeth	Thorpe	U13G	East Kilbride AC
56	10:30	Lucy	Mackenzie	U13G	Helensburgh AAC
57	10:30	Chloe	Bryant	U13G	VP-Glasgow AC
58	10:33	Skyla	Mcclelland	U13G	Giffnock North AC
59	10:33	Ellie	Taylor	U13G	East Kilbride AC
60	10:33	Fern	Henderson	U13G	Giffnock North AC
61	10:33	Erica	Ross	U13G	Giffnock North AC
62	10:39	Iris	Jackson	U13G	Giffnock North AC
63	10:40	Rebecca	Pew	U13G	East Kilbride AC
64	10:40	Caoimhe	McNulty	U13G	Springburn Harriers
65	10:40	Amelia	Gallagher	U13G	Giffnock North AC
66	10:40	Tilly	Carroll	U13G	North Ayrshire AC
67	10:45	Sophia	Ewart	U13G	Cambuslang Harriers
68	10:47	Caleigh	Graham	U13G	North Ayrshire AC
69	10:47	Molly	Brown	U13G	Shettleston Harriers
70	10:47	Piper	Jackson	U13G	Ayr Seaforth AC
71	10:47	Orla	Trainer	U13G	Greenock Glenpark Harriers
72	10:54	Charlotte	Hughes	U13G	VP-Glasgow AC
73	10:54	Lena	Weidenhammer	U13G	Garscube Harriers
74	10:58	Lola	Carter	U13G	Kilmarnock H&AC
75	11:03	Iona	Quigley	U13G	Greenock Glenpark Harriers
76	11:03	Rosa	Currie	U13G	Inverclyde AC
77	11:03	Nieve	Fitzpatrick	U13G	Law & District AAC
78	11:11	Ella	Pollard	U13G	Inverclyde AC
79	11:14	Robyn	Scollay	U13G	Giffnock North AC
80	11:24	Stella	McCabe	U13G	Greenock Glenpark Harriers
81	11:35	Lauren	Taylor	U13G	Kilbarchan AAC
82	11:40	Charlotte	Perrett	U13G	Helensburgh AAC
83	11:43	Emily	Kane	U13G	Inverclyde AC
84	12:09	Anna	Hudson	U13G	Motherwell AC
85	12:14	Emma	Wilkinson	U13G	Giffnock North AC
86	12:21	Melanie	Welsh	U13G	Garscube Harriers
87	12:30	Isla	Mostyn	U13G	Giffnock North AC
88	15:00	Alice	Heasman	U13G	Helensburgh AAC

Event Name U13 Boys 3.2k

Pos	Time	First Name	Last Name	Age	Team Name
1	7:50	Evan	Tyler	U13B	Giffnock North AC
2	7:51	Alexander	Wotherspoon	U13B	Law & District AAC
3	8:02	Callum	Cooke	U13B	Kilmarnock H&AC
4	8:12	Finlay	Hamilton	U13B	Giffnock North AC
5	8:13	Christopher	Cameron	U13B	Giffnock North AC
6	8:13	Tyler	McMeekin	U13B	Kilbarchan AAC
7	8:18	Ewan	Kennedy	U13B	Giffnock North AC
8	8:19	Callum	Wilson	U13B	Giffnock North AC
9	8:22	Louis	Reid	U13B	Inverclyde AC
10	8:25	Luke	Geddes	U13B	Motherwell AC
11	8:25	Ben	McKerracher	U13B	Giffnock North AC
12	8:25	Elias	Wright	U13B	Giffnock North AC
13	8:27	Euan	Grant Pantrey	U13B	Shettleston Harriers
14	8:32	Sandy	Vallance	U13B	Giffnock North AC
15	8:40	Brodie	Burnett	U13B	Garscube Harriers
16	8:42	Owen	Palmer	U13B	East Kilbride AC
17	8:44	Samuel	Robertson	U13B	Garscube Harriers
18	8:50	Calum	Fitzgerald	U13B	Kilmarnock H&AC
19	8:51	Hamish	Anderson	U13B	Calderglen Harriers
20	8:55	Harris	Steven	U13B	Kilmarnock H&AC
21	9:01	Andrew	Church	U13B	Giffnock North AC
22	9:10	Connor	McNamee	U13B	Motherwell AC
23	9:13	Ciaran	Curley	U13B	Shettleston Harriers
24	9:14	Andrew William	Ross	U13B	VP-Glasgow AC
25	9:16	Callum	Murphy	U13B	Helensburgh AAC
26	9:17	Murray	Graham	U13B	North Ayrshire AC
27	9:18	Oran	Feely	U13B	Kilbarchan AAC
28	9:18	Alexander	Starkey	U13B	Ayr Seaforth AC
29	9:24	Noah	Kerr	U13B	Kilbarchan AAC
30	9:27	Euan	Moir	U13B	Giffnock North AC
31	9:27	Cian	Lough	U13B	Giffnock North AC
32	9:29	Sorley	Gemmell	U13B	Garscube Harriers
33	9:36	Murray	Freer	U13B	VP-Glasgow AC
34	9:40	Harris	Rosling	U13B	East Kilbride AC
35	9:42	Calum	McCormick	U13B	East Kilbride AC
36	9:57	Niall	Smith	U13B	Cambuslang Harriers
37	10:02	Ross	Atkinson	U13B	West Dunbartonshire AC
38	10:08	Alexander	Morton	U13B	Inverclyde AC
39	10:10	Gavin	Lee	U13B	Larkhall YMCA Harriers
40	10:12	David	Lyon	U13B	Cambuslang Harriers
41	10:12	Angus	Thomson	U13B	Giffnock North AC
42	10:13	Riley	Killoch	U13B	Ayr Seaforth AC
43	10:13	Aiden	O'connell	U13B	Cambuslang Harriers
44	10:13	Aidan	Le Page	U13B	West Dunbartonshire AC
45	10:16	Fergus	McKie	U13B	Kilbarchan AAC
46	10:17	Sean	Bennett	U13B	West Dunbartonshire AC
47	10:23	Noah	Freer	U13B	VP-Glasgow AC
48	10:24	Kaelin	McCabe	U13B	Airdrie Harriers
49	10:24	Bruno	Sweeney	U13B	Helensburgh AAC
50	10:29	Jonathan	Platt	U13B	Helensburgh AAC
51	10:34	Euan	Williamson	U13B	Garscube Harriers
52	10:40	Callum	Curley	U13B	Kilmarnock H&AC
53	11:38	Owen	Connor	U13B	West Dunbartonshire AC

Event Name U15 Girls 4.1k

Pos	Time	First Name	Last Name	Age	Team Name
1	12:39	Grace	Barry	U15G	Inverclyde AC
2	12:45	Lucy	Taylor	U15G	Law & District AAC
3	12:56	Holly	Simpson	U15G	Giffnock North AC
4	13:01	Lola	Finnigan	U15G	North Ayrshire AC
5	13:06	Willow	Challis	U15G	Ayr Seaforth AC
6	13:12	Lucy	Tonner	U15G	Giffnock North AC
7	13:16	Eve	Cameron	U15G	Giffnock North AC
8	13:21	Anna Elizabeth	Ross	U15G	VP-Glasgow AC
9	13:26	Nicole	Yates	U15G	Giffnock North AC
10	13:26	Olivia	Lyne	U15G	Inverclyde AC
11	13:27	Zoe	McPherson	U15G	Helensburgh AAC
12	13:31	Madeline	Curley	U15G	Kilmarnock H&AC
13	13:33	Nuala	Munro	U15G	Inverclyde AC
14	13:39	Isabella	Wilson	U15G	Giffnock North AC
15	13:42	Emy	Finnigan	U15G	North Ayrshire AC
16	13:42	Freya	Matheson	U15G	VP-Glasgow AC
17	14:02	Emma	Johnston	U15G	Giffnock North AC
18	14:04	Skye	Christie	U15G	East Kilbride AC
19	14:04	Cara	McDougall	U15G	Inverclyde AC
20	14:06	Kady	Wood	U15G	Airdrie Harriers
21	14:13	Eva	McGrory	U15G	Giffnock North AC
22	14:13	Caitlin	Reilly	U15G	Motherwell AC
23	14:25	Amelie	Kerr	U15G	Kilbarchan AAC
24	14:26	Ella	McMillan	U15G	North Ayrshire AC
25	14:28	Mairi	Stephen	U15G	Shettleston Harriers
26	14:33	Eleanor	Osborne	U15G	Giffnock North AC
27	14:36	Olivia	Inglis	U15G	Law & District AAC
28	14:37	Molly	Farish	U15G	Inverclyde AC
29	14:42	Mora	McArdle	U15G	VP-Glasgow AC
30	14:59	Emma	Locke	U15G	Shettleston Harriers
31	15:05	Ellie	Alexander	U15G	Kilmarnock H&AC
32	15:06	Beth	Adams	U15G	Giffnock North AC
33	15:09	Lucy	Preiss	U15G	Kilbarchan AAC
34	15:14	Daisy	De Lange	U15G	Kilbarchan AAC
35	15:17	Louisa	Fraser-moodie	U15G	Springburn Harriers
36	15:20	Neve	Reilly	U15G	Giffnock North AC
37	15:22	Sophie	Friel	U15G	VP-Glasgow AC
38	15:26	Cerys	McKellar	U15G	Kilbarchan AAC
39	15:32	Laurie	McAlpine	U15G	Ayr Seaforth AC
40	15:33	Mhairi	McDougall	U15G	Kilbarchan AAC
41	15:48	Eve	Wilkinson	U15G	Giffnock North AC
42	15:53	Anna	Hill	U15G	Giffnock North AC
43	16:03	Eilidh	Boyle	U15G	Law & District AAC
44	16:08	Zara	King	U15G	VP-Glasgow AC
45	16:17	Freya	Togneri	U15G	Law & District AAC
46	16:43	Molly	Baxter	U15G	Law & District AAC
47	16:48	Martha	Cathie	U15G	Whitemoss AAC
48	17:11	Nuala	Quigley	U15G	Greenock Glenpark Harriers
49	17:38	Eva	Gardner	U15G	Garscube Harriers
50	17:45	Leah	Paterson	U15G	Airdrie Harriers
51	19:05	Talia	Padmanabhan	U15G	Garscube Harriers

Event Name U15 Boys 4.1k

Pos	Time	First Name	Last Name	Age	Team Name
1	11:09	Louie	Muir	U15B	Giffnock North AC
2	11:21	Max	Deery	U15B	Giffnock North AC
3	11:26	Rhuairdh	Laing	U15B	VP-Glasgow AC
4	11:36	Cameron	Nugent	U15B	Giffnock North AC
5	11:39	Connor	Campbell	U15B	Garscube Harriers
6	11:49	Finn	Smith	U15B	Springburn Harriers
7	11:51	Finlay	Laskey	U15B	Giffnock North AC
8	11:53	Cameron	Chambers	U15B	Law & District AAC
9	11:56	Kian	Dick	U15B	Giffnock North AC
10	12:01	Connor	Birnie	U15B	Garscube Harriers
11	12:04	Archie	Loch	U15B	Garscube Harriers
12	12:06	Connor	McCallum	U15B	Giffnock North AC
13	12:15	Brian	Heslop	U15B	East Kilbride AC
14	12:21	Blair	Beverley	U15B	Law & District AAC
15	12:28	Luke	Russell	U15B	Motherwell AC
16	12:32	Callum	Datta	U15B	Giffnock North AC
17	12:34	Rory	Barclay	U15B	Cambuslang Harriers
18	12:38	Ethan	Scobie	U15B	Giffnock North AC
19	12:48	James	Andrew	U15B	Giffnock North AC
20	12:52	Jamie	Walker	U15B	Kilmarnock H&AC
21	13:01	Jay	Jenkins	U15B	Kilbarchan AAC
22	13:05	Riley	Fulton	U15B	Ayr Seaforth AC
23	13:06	Jack	Gillon	U15B	Cambuslang Harriers
24	13:07	Jamie	Mackie	U15B	Law & District AAC
25	13:08	Theodore	Stalin	U15B	Garscube Harriers
26	13:15	Maxwell	Connolly	U15B	Garscube Harriers
27	13:17	Elliott	Tyler	U15B	Garscube Harriers
28	13:21	Oliver	Lievonen	U15B	Cambuslang Harriers
29	13:31	Charlie	Lyne	U15B	Inverclyde AC
30	13:46	Finlay	Mitchell	U15B	Kilbarchan AAC
31	14:00	Shae	McGovern	U15B	Airdrie Harriers
32	14:09	Callum	Oneill	U15B	Kilmarnock H&AC
33	14:14	Declan	Hare	U15B	Law & District AAC
34	14:18	Ruaridh	Mostyn	U15B	Giffnock North AC
35	15:30	Jamie	Little	U15B	Garscube Harriers
36	15:34	Logan	Peddie	U15B	Kilmarnock H&AC
37	16:38	Jacob	Stalin	U15B	Garscube Harriers
38	19:46	Nathan	Reynolds	U15B	Airdrie Harriers

Event Name U17 Men 5.5k

Pos	Time	First Name	Last Name	Age	Team Name
1	14:30	Daibhidh	Kinnaird	U17M	Cambuslang Harriers
2	15:01	Alasdair	Maclean	U17M	Giffnock North AC
3	15:09	Alistair	Street	U17M	Kilbarchan AAC
4	15:21	Angus	Fraser-Moodie	U17M	Springburn Harriers
5	15:28	Joshua	Mungin	U17M	Kilbarchan AAC
6	15:34	Jamie	Work	U17M	Kilmarnock H&AC
7	15:46	Daniel	Hendry	U17M	Garscube Harriers
8	15:47	Daniel	Owens	U17M	Garscube Harriers
9	15:55	John	Frood	U17M	Cambuslang Harriers
10	16:02	Aaron	Reid	U17M	Giffnock North AC
11	16:05	Angus	O'Neil	U17M	Cambuslang Harriers
12	16:07	Andrew	Shorts	U17M	Kilbarchan AAC
13	16:08	Archie	Watters	U17M	Springburn Harriers
14	16:10	Matthew	Fox	U17M	Shettleston Harriers
15	16:14	Ruaridh	Miller	U17M	Kilbarchan AAC
16	16:16	Aedan	McGonigle	U17M	Shettleston Harriers
17	16:39	Ben	Baillie	U17M	East Kilbride AC
18	16:55	Ben	Hodson	U17M	Stewartry AC
19	16:55	Luke	Grundy	U17M	North Ayrshire AC
20	16:59	Matthew	Hill	U17M	Giffnock North AC
21	17:01	Rhys	Knights	U17M	Kilbarchan AAC
22	17:08	Jamie	Turner	U17M	VP-Glasgow AC
23	17:16	Billy	McKie	U17M	Kilbarchan AAC
24	17:19	Kyle	Thomson	U17M	Garscube Harriers
25	17:56	Michael	Stuart	U17M	Garscube Harriers
26	17:59	James	McPherson	U17M	Helensburgh AAC
27	18:19	Nicholas	Latto	U17M	Kilmarnock H&AC
28	18:30	Dominic	Lynch	U17M	Cumbernauld AAC
29	18:40	Alan Robert	Leitch	U17M	East Kilbride AC
30	18:42	Aaron	Scott	U17M	Larkhall YMCA Harriers

Event Name U17 Wom 5.5k

Pos	Time	First Name	Last Name	Age	Team Name
1	17:08	Zara	Redmond	U17W	Kilbarchan AAC
2	17:42	Millie	Gairn	U17W	Airdrie Harriers
3	17:52	Freya	Campbell	U17W	Giffnock North AC
4	17:57	Matilda	Frew	U17W	East Kilbride AC
5	18:08	Scarlett	Wilson	U17W	Giffnock North AC
6	18:20	Clara	Bain	U17W	Kilbarchan AAC
7	18:29	Isla	Munro	U17W	Giffnock North AC
8	18:59	Freya	Scobie	U17W	Giffnock North AC
9	19:08	Jemma	Macleod	U17W	Cumbernauld AAC
10	19:14	Nina	Padmanabhan	U17W	Garscube Harriers
11	19:19	Eihlinn	Gillespie	U17W	Airdrie Harriers
12	19:29	Emily	Langdon	U17W	Giffnock North AC
13	20:00	Eva	Morrison	U17W	East Kilbride AC
14	20:03	Eilidh	Wilson	U17W	Garscube Harriers
15	20:30	Sophie	Gibbons	U17W	Garscube Harriers
16	20:36	Olivia	Cooper	U17W	Kilbarchan AAC
17	20:56	Rachael Niamh	Hill	U17W	Giffnock North AC
18	21:29	Jennifer	MacMahon	U17W	Garscube Harriers
19	21:29	Eve	Starritt	U17W	Kilmarnock H&AC
20	21:52	Kate	Monaghan	U17W	Shettleston Harriers
21	22:15	Erin	Reilly	U17W	Giffnock North AC
22	22:23	Emma	Fox	U17W	Garscube Harriers
23	22:26	Eilidh	Dunwoodie	U17W	North Ayrshire AC
24	22:29	Alice	Henderson	U17W	Garscube Harriers
25	23:16	Katie	Fielding	U17W	East Kilbride AC
26	23:40	Rachel	Hogarth	U17W	North Ayrshire AC
27	23:50	Kayleigh	Pew	U17W	East Kilbride AC
28	24:09	Lucy	Corns	U17W	Law & District AAC
29	24:14	Skye	Dick	U17W	Garscube Harriers
30	26:37	Lexie	Speirs	U17W	Bellahouston Harriers

Event Name U20 Men 6.3k

Pos	Time	First Name	Last Name	Age	Team Name
1	18:17	Oliver	Macdonald	U20M	Giffnock North AC
2	18:24	Fraser	Gilmour	U20M	Kilbarchan AAC
3	18:26	Glen	Griffiths	U20M	Giffnock North AC
4	18:36	Jonathon	Downey	U20M	Kilmarnock H&AC
5	18:40	Alasdair	Nugent	U20M	Giffnock North AC
6	18:45	Jamie	Connor	U20M	Giffnock North AC
7	19:02	Jack	Wallace	U20M	Giffnock North AC
8	19:06	Ben	Seath	U20M	Strathclyde University Harriers
9	19:11	Seonaidh	MacInnes	U20M	Glasgow University Hares & Hounds
10	19:25	Sam	Hosie	U20M	East Kilbride AC
11	19:42	Ryan	Kellock	U20M	Law & District AAC
12	19:45	Lewis	Roddie	U20M	Cambuslang Harriers
13	19:48	Zac	Meiklejohn	U20M	Giffnock North AC
14	19:53	Aaron	Thomson	U20M	East Kilbride AC
15	19:59	Finlay	Robb	U20M	Cambuslang Harriers
16	20:07	Joshua	Mirtle	U20M	Strathclyde University Harriers
17	20:16	Ryan	Knights	U20M	Kilbarchan AAC
18	20:30	Calan	Chong	U20M	Giffnock North AC
19	20:33	Fraser	Donaldson	U20M	Garscube Harriers
20	20:34	Luke	McDowell	U20M	Glasgow University Hares & Hounds
21	20:43	Cameron	Robertson	U20M	Nithsdale AC
22	20:50	Matthew	Sweeney	U20M	Strathclyde University Harriers
23	20:58	Gabriel	Murphy	U20M	Cambuslang Harriers
24	21:00	James	Mowat	U20M	Giffnock North AC
25	21:00	Grant	McEachern	U20M	Cumbernauld AAC
26	21:12	Alex	Gillies	U20M	Cambuslang Harriers
27	21:35	Jonathan	Hunter	U20M	East Kilbride AC
28	21:45	Ryan	Fitzpatrick	U20M	Kilbarchan AAC
29	21:59	Christopher	Hargreaves	U20M	Garscube Harriers
30	22:17	Allan	Mackenzie	U20M	Helensburgh AAC
31	22:42	Connor	Scobie	U20M	Kilmarnock H&AC
32	23:14	Cieron	Hadfield	U20M	Glasgow University Hares & Hounds
33	23:40	John	Poole	U20M	Glasgow University Hares & Hounds
34	24:47	Greg	Chambers	U20M	Glasgow University Hares & Hounds
35	26:43	Adam	Burns	U20M	Glasgow University Hares & Hounds
36	33:09	Daniel	Docherty	U20M	Clydesdale Harriers

Event Name U20 Wom 6.3k

Pos	Time	First Name	Last Name	Age	Team Name
1	21:18	Saoirse	Mcnulty	U20W	Giffnock North AC
2	21:32	Emma	McLennan	U20W	Giffnock North AC
3	21:42	Ruth	Walsh	U20W	Giffnock North AC
4	21:46	Amy	Teasdale	U20W	Kilbarchan AAC
5	22:15	Sasha	I'Anson	U20W	Glasgow University Hares & Hounds
6	22:18	Valencia	Wright	U20W	Glasgow University Hares & Hounds
7	22:36	Ella	Youngs	U20W	Giffnock North AC
8	22:46	Ella	Nicholson	U20W	Glasgow University Hares & Hounds
9	24:07	Ruby	McGill	U20W	Glasgow University Hares & Hounds
10	24:20	Aimee	Anderson	U20W	East Kilbride AC
11	24:32	Amy	Andrew	U20W	East Kilbride AC
12	24:48	Jemima	Saravanamuttoo	U20W	Glasgow University Hares & Hounds
13	25:11	Kiara	Meiklejohn	U20W	Glasgow University Hares & Hounds
14	25:53	Nell	McGregor	U20W	North Ayrshire AC
15	25:54	Lucy	Donaldson	U20W	Garscube Harriers
16	26:01	Arianna	Carmichael	U20W	VP-Glasgow AC
17	26:04	Amy	Crawford	U20W	Glasgow University Hares & Hounds
18	26:44	Evie	Harrison	U20W	Greenock Glenpark Harriers
19	26:50	Izzy	Caufield	U20W	Kilmarnock H&AC
20	26:59	Sadie	Croasdale	U20W	Glasgow University Hares & Hounds
21	28:45	Aliya	Brear	U20W	Glasgow University Hares & Hounds

Event Name Sen Mas Wom 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
1	24:21	Lynn	McKenna	SW	Shettleston Harriers	1
2	24:57	Rosa	Donaldson	SW	Bellahouston Harriers	2
3	25:08	Eve	MacKinnon	SW	Cambuslang Harriers	3
4	25:45	Nynke	Mulholland-Stummer	SW	Inverclyde AC	4
5	26:00	Catriona	MacDonald	SW	Bellahouston RR	5
6	26:10	Zoe	Pflug	SW	Cambuslang Harriers	6
7	26:24	Monica	Blair	SW	Garscube Harriers	7
8	26:25	Emma	Creasey	SW	Giffnock North AC	8
9	26:26	Heather	Barnes	SW	Giffnock North AC	9
10	26:30	Michelle	Sandison	W40	Springburn Harriers	1
11	26:32	Lesley	Bell	W40	Garscube Harriers	2
12	26:34	Catriona	Gillen	SW	Springburn Harriers	10
13	26:41	Sarah	Dempsey	SW	Kilbarchan AAC	11
14	26:47	Katie	Clubb	SW	Cambuslang Harriers	12
15	27:01	Katrine	Kelly	W40	Kilmarnock H&AC	3
16	27:04	Libby	Sutherland	SW	Kilbarchan AAC	13
17	27:05	Alicia	Paton	SW	Cumbernauld AAC	14
18	27:12	Holly	Little	SW	Cambuslang Harriers	15
19	27:14	Hannah	Terrance	SW	Shettleston Harriers	16
20	27:24	Charlotte	McKenna	SW	Shettleston Harriers	17
21	27:28	Katie	White	W40	Garscube Harriers	4
22	27:38	Georgia	Freeman-Mills	SW	Cambuslang Harriers	18
23	27:42	Avril	Mason	W50	Shettleston Harriers	1
24	27:45	Grace	Drummond	SW	Cambuslang Harriers	19
25	27:48	Emily	Renfrew	SW	Bellahouston Harriers	20
26	27:50	Hannah	Addison	SW	Cambuslang Harriers	21
27	28:14	Ruth	Joss	SW	Shettleston Harriers	22
28	28:23	Anna	Macfadyen	SW	Shettleston Harriers	23
29	28:31	Claire	Heasman	W50	Helensburgh AAC	2
30	28:39	Ellen	Astley	SW	Strathclyde University Harriers	24
31	28:42	Flora	Henry	SW	Glasgow University Hares & Hounds	25
32	28:48	Allie	Chong	W50	Giffnock North AC	3
33	28:50	Zara	Higgins	SW	Cambuslang Harriers	26
34	28:53	Ruth	Fraser-Moodie	W40	Springburn Harriers	5
35	28:58	Reagan	Binnie	SW	Law & District AAC	27
36	29:04	Gillian	Blee	W40	Garscube Harriers	6
37	29:09	Kristina	Glynn	SW	Bellahouston Harriers	28
38	29:23	Anna	Dalglish	SW	Glasgow University Hares & Hounds	29
39	29:45	Kate	Holmes	SW	Garscube Harriers	30
40	29:52	Gemma	Griffiths	SW	Shettleston Harriers	31
41	29:53	Hannah	Gilchrist	SW	Shettleston Harriers	32
42	29:56	Lauren	Astley	SW	Glasgow FrontRunners	33
43	30:04	Kelly	Baillie	W40	East Kilbride AC	7
44	30:06	Jennifer	Conway	SW	Bellahouston RR	34
45	30:11	Lucy	Olsen	SW	VP-Glasgow AC	35
46	30:17	Tara	Walker	SW	Shettleston Harriers	36
47	30:22	Sophie	Jenkins	SW	Bellahouston RR	37
48	30:25	Emma	Thompson	SW	VP-Glasgow AC	38
49	30:29	Elaine	Boyle	W40	Law & District AAC	8
50	30:35	Tara Tallulah	Garioch	SW	Glasgow University Hares & Hounds	39

Event Name Sen Mas Wom 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
51	30:40	Christine	Neill	SW	Law & District AAC	40
52	30:42	Katie	Athorne	SW	Glasgow FrontRunners	41
53	30:43	Nicola	Dawson	W40	Westerlands CCC	9
54	30:54	Christine	Mackie	SW	VP-Glasgow AC	42
55	30:58	Nikki	Lyons	SW	Dumbarton AAC	43
56	31:04	Katherine	Hylands	SW	Bellahouston Harriers	44
57	31:07	Hilary	Carswell	W50	Giffnock North AC	4
58	31:14	Kirsty	O'Brien	W40	Cambuslang Harriers	10
59	31:16	Marianne	Wilson	W40	Bellahouston Harriers	11
60	31:21	Anna	Bennett	SW	VP-Glasgow AC	45
61	31:28	Marie	Kane	SW	Cambuslang Harriers	46
62	31:36	Linnea	Skalberg	SW	Glasgow University Hares & Hounds	47
63	31:37	Eilidh	Ballantyne	SW	Kilmarnock H&AC	48
64	31:38	Eva	Peter	SW	VP-Glasgow AC	49
65	31:48	Maria	ONeill	SW	Glasgow University Hares & Hounds	50
66	31:49	Katie	Blackett	SW	Bellahouston RR	51
67	31:53	Flora	Henry	SW	Bellahouston RR	52
68	31:55	Veronica	Fusaro	W40	Bellahouston RR	12
69	32:06	Fiona	MacCormick	W40	Springburn Harriers	13
70	32:11	Kay	Greg	SW	Inverclyde AC	53
71	32:13	Sheila	Lewis	W50	Giffnock North AC	5
72	32:20	Diane	Mckinney	SW	Troon Tortoises AC	54
73	32:27	Amy	MacLellan	SW	Shettleston Harriers	55
74	32:30	Vivien	Thorpe	W40	East Kilbride AC	14
75	32:32	Ashley	Anderson	SW	Greenock Glenpark Harriers	56
76	32:49	Lesley	Graham	W40	Law & District AAC	15
77	32:53	Amy	Bristow	SW	VP-Glasgow AC	57
78	32:56	Angela	Carson	W50	Giffnock North AC	6
79	32:58	Martha	Lovatt	W40	Garscube Harriers	16
80	32:59	Bernadette	Oâ€™Neil	W50	Cambuslang Harriers	7
81	33:00	Jennifer	Rooney	SW	Greenock Glenpark Harriers	58
82	33:10	Jill	Aikman	W50	Greenock Glenpark Harriers	8
83	33:14	Kezia	Kinder	SW	Bellahouston RR	59
84	33:33	Julie	Reid	W40	Cambuslang Harriers	17
85	33:33	Sophie	Harris	SW	Strathclyde University Harriers	60
86	33:39	Bethany	Ross	SW	Kilmarnock H&AC	61
87	33:45	Kirsty	Milton-moir	W40	Bellahouston Harriers	18
88	33:53	Emma	Peters	SW	Bellahouston RR	62
89	33:59	Marina	McCallum	W50	Kirkintilloch Olympians	9
90	34:08	Erica	Christie	W60	Cambuslang Harriers	1
91	34:09	Diane	Clark	W40	Garscube Harriers	19
92	34:13	Sarah	Leggate	SW	Larkhall YMCA Harriers	63
93	34:16	Lauren	Mackay	W40	Bellahouston Harriers	20
94	34:20	Frances	Ferguson	W60	Calderglen Harriers	2
95	34:22	Lorna	Mitchell	W40	Greenock Glenpark Harriers	21
96	34:26	Pauline	Wright	W50	Bellahouston RR	10
97	34:30	Naomi	Browell	SW	Shettleston Harriers	64
98	34:32	Moir	Paterson	W50	Kirkintilloch Olympians	11
99	34:42	Zoe	Charters	SW	Glasgow University Hares & Hounds	65
100	35:00	Rosalind	Teasdale	W40	Kilbarchan AAC	22

Event Name Sen Mas Wom 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
101	35:04	Charlotte	Parkinson	W40	Bellahouston RR	23
102	35:05	Rebecca	Simister	SW	Bellahouston Harriers	66
103	35:08	Ray	Musleh	W40	West End RR	24
104	35:17	Viki	Smith	W50	Greenock Glenpark Harriers	12
105	35:18	Anne	Noble	W60	Troon Tortoises AC	3
106	35:20	Claire	Fitzsimmons	W40	Bellahouston Harriers	25
107	35:22	Heather	Stevenson	SW	Maryhill Harriers	67
108	35:22	Alyson	Leader	W40	Dumbarton AAC	26
109	35:25	Emma	Knox	SW	Motherwell AC	68
110	35:27	Kirsty	Hurt	SW	West End RR	69
111	35:30	Alice	Howe	SW	Bellahouston RR	70
112	35:37	Li	Wang	W60	Bellahouston Harriers	4
113	35:45	Pauline	Henderson	W60	Bellahouston Harriers	5
114	36:03	Stephanie	Rudd	W50	Bellahouston Harriers	13
115	36:14	Lynne	Harrison	W50	Greenock Glenpark Harriers	14
116	36:19	Erin	Gordon	SW	Larkhall YMCA Harriers	71
117	36:36	Vicki	Fraser-Hopewell	W40	Bellahouston Harriers	27
118	36:47	Christine	McKay	W60	Bellahouston Harriers	6
119	36:59	Jill	Turner	SW	Greenock Glenpark Harriers	72
120	36:59	Cheryl	Thomas	W40	Greenock Glenpark Harriers	28
121	37:13	Fiona	Moar	SW	Garscube Harriers	73
122	38:06	Megan	Parkinson	SW	Bellahouston RR	74
123	38:29	Morag	Casey	W50	Garscube Harriers	15
124	39:20	Vikki	Stewart	W40	Ayr Seaforth AC	29
125	39:20	Wiebke	Lammers	W40	Westerlands CCC	30
126	39:47	Laura Maria	Hervas	W40	East Kilbride AC	31
127	40:31	Faye	Currie	W40	Inverclyde AC	32
128	41:05	Sarah Jane	Whalen	W50	Greenock Glenpark Harriers	16
129	41:31	June	MacLeod	W60	Bellahouston Harriers	7
130	42:01	Sophie	Monteith	SW	Helensburgh AAC	75
131	42:42	Diane	McLaughlin	W40	Helensburgh AAC	33
132	44:07	Lorna	Macmillan	W60	Greenock Glenpark Harriers	8
133	44:18	Lorraine	Buchanan	W40	Calderglen Harriers	34
134	45:25	Charlotte	McKay	W70	Greenock Glenpark Harriers	1
135	45:26	Alli	Baird	W50	Greenock Glenpark Harriers	17

Event Name Sen Mas Men NB 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
1	21:34	Seyd Taha	Ghafari	SM	Shettleston Harriers	1
2	21:35	Kevin	Campbell	SM	Cambuslang Harriers	2
3	21:48	Jamie	Burns	SM	Shettleston Harriers	3
4	22:00	Scott	Stirling	SM	Falkirk Victoria Harriers	4
5	22:06	Andrew	Douglas	SM	Inverclyde AC	5
6	22:09	Ross	Good	SM	Giffnock North AC	6
7	22:18	Robbie	Ferguson	SM	Kilbarchan AAC	7
8	22:26	Jamie	MacKinnon	SM	Cambuslang Harriers	8
9	22:34	Callum	Tharme	SM	Cambuslang Harriers	9
10	22:35	Ross	Gray	SM	Inverclyde AC	10
11	22:38	Fraser	Stewart	SM	Cambuslang Harriers	11
12	22:44	Cameron	Smith	SM	Cambuslang Harriers	12
13	22:48	Kevan	Harvey	SM	Cambuslang Harriers	13
14	22:56	Jack	Heathwood	SM	Bellahouston Harriers	14
15	23:00	Michael	Christoforou	SM	Cambuslang Harriers	15
16	23:04	Matthew	O'Connor	SM	Bellahouston Harriers	16
17	23:05	James	Wootton	SM	Shettleston Harriers	17
18	23:15	Jonathan	Moore	SM	Motherwell AC	18
19	23:24	John	Fergusson	SM	East Kilbride AC	19
20	23:28	Sam	Lesley	SM	Shettleston Harriers	20
21	23:29	Tom	Porter	SM	Strathclyde University Harriers	21
22	23:30	Finlay	Raynor	SM	Glasgow University Hares & Hounds	22
23	23:41	Martin	Brown	SM	Kilmarnock H&AC	23
24	23:48	Oscar	Coetzee	M40	Bellahouston RR	1
25	23:49	Andrew	Carey	SM	Cambuslang Harriers	24
26	23:51	Cameron	Muir	SM	Shettleston Harriers	25
27	23:54	Rory	Muir	SM	Cambuslang Harriers	26
28	23:54	Cameron	Young	SM	Shettleston Harriers	27
29	23:57	Euan	Webster	SM	Ayr Seaforth AC	28
30	24:02	Andrew	Taylor	SM	Shettleston Harriers	29
31	24:06	Craig	Ferguson	SM	Kilmarnock H&AC	30
32	24:08	Ryad	Chebbout	SM	Shettleston Harriers	31
33	24:08	Ewan	McKerral	SM	Kilbarchan AAC	32
34	24:20	Patrick	Mochan	SM	East Kilbride AC	33
35	24:21	Alasdair	McMonagle	SM	Strathclyde University Harriers	34
36	24:23	Colin	Reilly	M40	Cambuslang Harriers	2
37	24:23	Adam	Stark	SM	Bellahouston Harriers	35
38	24:23	Josh	Evans	SM	Bellahouston RR	36
39	24:33	Stephen	Addison	SM	Glasgow University Hares & Hounds	37
40	24:38	Andrew	Kirk	SM	Kirkintilloch Olympians	38
41	24:39	Euan	Bell	SM	Strathclyde University Harriers	39
42	24:39	Jack	Kirwan	SM	East Kilbride AC	40
43	24:39	Alastair	Stables	SM	Giffnock North AC	41
44	24:42	Calum	Borthwick	SM	Bellahouston RR	42
45	24:44	Andrew	McCall	SM	Greenock Glenpark Harriers	43
46	24:46	Conor	Drummond	SM	Giffnock North AC	44
47	24:49	Allan	Neill	SM	Law & District AAC	45
48	24:49	Simon	Dalton Celis	SM	Glasgow University Hares & Hounds	46
49	24:52	Matthew	Carlin	SM	Glasgow University Hares & Hounds	47
50	24:55	Fraser	Armstrong	SM	Bellahouston Harriers	48

Event Name Sen Mas Men NB 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
51	24:59	Hayden	Raftery	SM	Glasgow University Hares & Hounds	49
52	25:08	John	Connolly	M40	Garscube Harriers	3
53	25:10	Brent	Brodie	M50	Bellahouston Harriers	1
54	25:13	Ian	Hodge	M40	Cambuslang Harriers	4
55	25:26	Lewis	Khan	SM	Greenock Glenpark Harriers	50
56	25:27	David I	Houston	SM	Shettleston Harriers	51
57	25:29	Andrew	Shields	SM	Shettleston Harriers	52
58	25:31	Stewart	Houston	SM	Shettleston Harriers	53
59	25:32	Euan	Convery	SM	Garscube Harriers	54
60	25:35	John	Logan	SM	Greenock Glenpark Harriers	55
61	25:39	Euan	Rose	SM	East Kilbride AC	56
62	25:41	Kenneth	Neill	M40	Ayr Seaforth AC	5
63	25:43	Iain	Burns	M40	Shettleston Harriers	6
64	25:59	Chris	Grant Pantrey	M40	Shettleston Harriers	7
65	25:59	Calum	Oates	SM	Shettleston Harriers	57
66	26:04	Lee	Shaw	SM	Bellahouston Harriers	58
67	26:07	Stephen	Brown	M40	West End RR	8
68	26:09	Paul	Monaghan	M50	Greenock Glenpark Harriers	2
69	26:10	Paul	McNairn	M40	Bellahouston RR	9
70	26:10	Daniel	Doherty	M40	Greenock Glenpark Harriers	10
71	26:22	David	McLure	M40	Kilmarnock H&AC	11
72	26:24	Tom	Flood	SM	Kilmarnock H&AC	59
73	26:27	Ronald	Strachan	M40	Shettleston Harriers	12
74	26:28	Finn	Allan	SM	Strathclyde University Harriers	60
75	26:30	Owen	Leach	SM	Cambuslang Harriers	61
76	26:30	Michael	Miller	SM	Clydesdale Harriers	62
77	26:35	Darren	McQuade	SM	Bellahouston Harriers	63
78	26:37	Dominic	Sharkey	SM	Campbeltown RC	64
79	26:41	Stuart	Kerr	SM	Kilbarchan AAC	65
80	26:45	Ross	Anderson	SM	Westerlands CCC	66
81	26:46	Walter	Henderson	M50	Cumbernauld AAC	3
82	26:48	Donald	MacLaren	M40	Bellahouston Harriers	13
83	26:52	Richard	O'Grady	M40	Helensburgh AAC	14
84	26:53	Callum	Butterworth	SM	Shettleston Harriers	67
85	27:01	Donald	Maclean	SM	Giffnock North AC	68
86	27:04	Stuart	Laurence	SM	Bellahouston RR	69
87	27:06	Mark	King	M50	Cambuslang Harriers	4
88	27:09	Lewis	Anderson	SM	Cambuslang Harriers	70
89	27:10	Bruce	Carse	M40	Bellahouston RR	15
90	27:15	Gerard	Pelegri	SM	Shettleston Harriers	71
91	27:16	Phil	Gillan	SM	Inverclyde AC	72
92	27:18	Matthew	Brown	SM	Bellahouston Harriers	73
93	27:18	David	Jarrett	M40	Bellahouston RR	16
94	27:20	Cameron	Mackie	SM	VP-Glasgow AC	74
95	27:20	Arthur	Calnan	M40	Cambuslang Harriers	17
96	27:23	Callum	Dickson	SM	Bellahouston RR	75
97	27:27	Steven	Campbell	M50	Greenock Glenpark Harriers	5
98	27:27	Brian	Douglas	M50	Cambuslang Harriers	6
99	27:31	Jethro	Browell	SM	Bellahouston RR	76
100	27:32	Jamie	Robinson	M40	Bellahouston RR	18

Event Name Sen Mas Men NB 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
101	27:36	Ross	Milne	SM	Glasgow FrontRunners	77
102	27:37	Alastair	Skelton	M40	Bellahouston Harriers	19
103	27:39	Alan	Tait	M50	Motherwell AC	7
104	27:43	Alan	Moss	M40	Bellahouston RR	20
105	27:45	Michael	Sweeney	M40	Helensburgh AAC	21
106	27:49	Travis	George	SM	VP-Glasgow AC	78
107	27:51	Jason	Kane	SM	Inverclyde AC	79
108	27:53	Joshua	Farrell	SM	Dumbarton AAC	80
109	27:55	Noel	Slevin	SM	VP-Glasgow AC	81
110	27:56	Christopher	Mooney	M40	Greenock Glenpark Harriers	22
111	27:58	Ross	Hill	SM	Law & District AAC	82
112	27:58	Christopher	Main	SM	Strathclyde University Harriers	83
113	27:58	David	Gorman	SM	East Kilbride AC	84
114	28:04	Ian	Thomson	M40	Garscube Harriers	23
115	28:06	David	Allsop	M50	Kirkintilloch Olympians	8
116	28:11	Jamie	Clements	SM	East Kilbride AC	85
117	28:13	Stuart	Miller	SM	Glasgow FrontRunners	86
118	28:23	Ross	McNaught	SM	Kilmarnock H&AC	87
119	28:25	Dan	De Luca	SM	Glasgow University Hares & Hounds	88
120	28:30	Kevin	Farmer	SM	Cambuslang Harriers	89
121	28:30	James	Reid	SM	Garscube Harriers	90
122	28:39	Alex	Manley	SM	Strathclyde University Harriers	91
123	28:40	Richard	Evans	M40	Bellahouston RR	24
124	28:40	Donovan	Oosthuizen	SM	Kirkintilloch Olympians	92
125	28:43	Ross	McEachern	M50	Cumbernauld AAC	9
126	28:43	Callum	Wright	SM	Cambuslang Harriers	93
127	28:46	Thomas	Jamieson	M40	Inverclyde AC	25
128	28:51	Gavin	Morrison	M50	Greenock Glenpark Harriers	10
129	28:52	Barnaby	Sharifi	SM	Glasgow University Hares & Hounds	94
130	28:57	Alan	Derrick	M50	Calderglen Harriers	11
131	29:02	Shaun	Wiseman	SM	Greenock Glenpark Harriers	95
132	29:05	Keith	Charters	M50	East Kilbride AC	12
133	29:07	Craig	Binnie	M40	Helensburgh AAC	26
134	29:07	David	Ferguson	M40	Bellahouston RR	27
135	29:10	Bobby	Hill	SM	Law & District AAC	96
136	29:10	Andrew	Blair	SM	Greenock Glenpark Harriers	97
137	29:10	Tom	Paterson	SM	Kirkintilloch Olympians	98
138	29:15	Stephen	Hanley	SM	Greenock Glenpark Harriers	99
139	29:18	Alasdair	Meldrum	M50	Ayr Seaforth AC	13
140	29:18	James	Bryson	SM	Westerlands CCC	100
141	29:24	Alistair	Macdonald	M60	Bellahouston RR	1
142	29:29	Matt	Pearce	M50	Troon Tortoises AC	14
143	29:32	Neil	Milligan	M40	Bellahouston Harriers	28
144	29:38	Neil	Smith	M40	Garscube Harriers	29
145	29:41	Stephen	Harrison	M50	Greenock Glenpark Harriers	15
146	29:43	Felton	Humble	M40	Westerlands CCC	30
147	29:45	Reuben	MacIntyre	SM	Glasgow University Hares & Hounds	101
148	29:46	Ross	Noble	SM	Cambuslang Harriers	102
149	29:47	Andrew	Buchanan	M40	Calderglen Harriers	31
150	29:49	Andrew	Chapman	M50	East Kilbride AC	16

Event Name Sen Mas Men NB 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
151	29:50	Mark	Wheeler	M40	Hamilton Harriers	32
152	29:54	William	Taylor	M40	Greenock Glenpark Harriers	33
153	29:55	Bobby	Wotherspoon	M50	Law & District AAC	17
154	30:01	Stuart	McGeachy	M40	Campbeltown RC	34
155	30:02	Iain	Wallace	M50	Cambuslang Harriers	18
156	30:03	Peter	Maclean	M50	Ayr Seaforth AC	19
157	30:05	Finn	Boyd	SENX	Maryhill Harriers	1
158	30:10	Colin	McKnight	M40	Greenock Glenpark Harriers	35
159	30:14	Dan	Walsh	SM	East Kilbride AC	103
160	30:17	Craig	Smith	SM	Garscube Harriers	104
161	30:26	Greig	Glendinning	M50	Kilmarnock H&AC	20
162	30:28	Stephen	Forcer	M40	Westerlands CCC	36
163	30:29	Alexander	Winn	SM	Bellahouston Harriers	105
164	30:30	Callum	Ballantyne	SM	Cumbernauld AAC	106
165	30:38	Daniel	Burns	SM	Garscube Harriers	107
166	30:40	Alex	Potter	M60	VP-Glasgow AC	2
167	30:43	Iain	Harding	M40	VP-Glasgow AC	37
168	30:53	Kenneth	Thom	M40	Motherwell AC	38
169	31:10	Edmund	White	SM	Glasgow FrontRunners	108
170	31:14	Andrew	Mott	M40	Westerlands CCC	39
171	31:18	Aaron	Fullarton	SM	Greenock Glenpark Harriers	109
172	31:19	Gary	Martin	SM	Kilmarnock H&AC	110
173	31:22	John	McCabe	M50	Troon Tortoises AC	21
174	31:25	Grant	Fawcett	M50	Motherwell AC	22
175	31:25	Michael	Diver	M50	Clydesdale Harriers	23
176	31:28	Chris	Watson	SM	Glasgow FrontRunners	111
177	31:29	Arthur	Mulholland	M60	East Kilbride AC	3
178	31:34	Tom	Ord	M60	VP-Glasgow AC	4
179	31:34	Andy	Downey	M50	Garscube Harriers	24
180	31:37	Daniel	Reid	M60	Westerlands CCC	5
181	31:37	John	Stevenson	M50	Greenock Glenpark Harriers	25
182	31:42	Daniel	O'Connell	M50	Cambuslang Harriers	26
183	31:46	Kenneth	MacMahon	M50	Garscube Harriers	27
184	31:47	Nicholas	Carter	M40	Kilmarnock H&AC	40
185	31:48	Jim	ROBINSON	M60	Bellahouston RR	6
186	31:50	John	Oates	M60	Shettleston Harriers	7
187	31:51	Roderick	Fleming	M40	Westerlands CCC	41
188	32:00	Tom	Butler	SM	Dumbarton AAC	112
189	32:04	Chris	Furse	M50	Westerlands CCC	28
190	32:10	Brian	Wilson	M40	Airdrie Harriers	42
191	32:10	Allen	Campbell	M50	West End RR	29
192	32:12	Neil	Montgomery	SM	Glasgow FrontRunners	113
193	32:12	Mark	Milligan	M50	Law & District AAC	30
194	32:14	Hamza	Daudali	SM	Glasgow University Hares & Hounds	114
195	32:18	Jason	Grant	M40	Calderglen Harriers	43
196	32:23	Shane	Semple	M40	Motherwell AC	44
197	32:25	Ian	Brown	M60	Helensburgh AAC	8
198	32:33	Tom	Ferris	M50	Bellahouston RR	31
199	32:40	Stephen	Purvis	M50	Airdrie Harriers	32
200	32:44	Andrew	Stevenson	SM	Maryhill Harriers	115

Event Name Sen Mas Men NB 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
201	32:49	Jack	Turner	SM	Glasgow University Hares & Hounds	116
202	32:55	Graeme	Little	M50	Garscube Harriers	33
203	33:02	David	Burns	M40	Motherwell AC	45
204	33:08	Iain	Newman	SM	Glasgow FrontRunners	117
205	33:13	Graham	McGrattan	M60	Greenock Glenpark Harriers	9
206	33:16	Kieran	McQuade	SM	Dumbarton AAC	118
207	33:29	Chris	Johnstone	SM	Dumbarton AAC	119
208	33:31	Murray	McDonald	SM	Kilmarnock H&AC	120
209	33:37	Andrew	Speirs	SM	Glasgow University Hares & Hounds	121
210	33:37	Stuart	Mathieson	M40	Bellahouston RR	46
211	33:37	Alan	Robertson	M50	Greenock Glenpark Harriers	34
212	33:45	Garry	Henderson	M60	Bellahouston Harriers	10
213	33:47	Alex	Chisholm	M60	Garscube Harriers	11
214	33:52	Michael	Dunn	M60	Greenock Glenpark Harriers	12
215	33:59	Greg	Luke	SM	Greenock Glenpark Harriers	122
216	34:24	Kenny	McDonald	M50	Bellahouston RR	35
217	34:40	James	McLaughlin	M50	Bellahouston Harriers	36
218	34:51	Scott	Hair	SM	Calderglen Harriers	123
219	35:06	Greg	McAlister	M40	West End RR	47
220	35:08	Iain	Crawford	M50	Cambuslang Harriers	37
221	35:14	David	Hoolaghan	M40	Motherwell AC	48
222	35:26	Tony	Breslin	M50	Bellahouston RR	38
223	35:36	Athole	Smith	M60	Garscube Harriers	13
224	35:40	Gregory	Gontor	SM	VP-Glasgow AC	124
225	35:42	Paul	Toland	M40	West End RR	49
226	35:46	Alan	Dunlop	M40	Troon Tortoises AC	50
227	35:48	John J	Collins	SM	Larkhall YMCA Harriers	125
228	35:50	Darren	Shields	SM	Bellahouston Harriers	126
229	35:52	John	Burns	M60	Motherwell AC	14
230	35:52	Gerry	Gallacher	M40	Greenock Glenpark Harriers	51
231	36:01	William	Goldie	M60	Dumbarton AAC	15
232	36:13	Alan	O'Rourke	M50	Greenock Glenpark Harriers	39
233	36:24	Alastair	Patience	M50	Bellahouston Harriers	40
234	36:34	CM	Chesterman	M50	Greenock Glenpark Harriers	41
235	36:47	Kenny	Leinster	M60	Calderglen Harriers	16
236	37:08	John	Dempster	M40	Dumbarton AAC	52
237	38:14	Robert	Stewart	M40	Motherwell AC	53
238	39:56	Frank	McMahon	M70	Greenock Glenpark Harriers	1
239	41:24	Russell	Couper	M50	Calderglen Harriers	42

U13 Girls Teams**Pos Team Name**

- 1 Giffnock North AC
- 2 Law & District AAC
- 3 Shettleston Harriers
- 4 Ayr Seaforth AC
- 5 East Kilbride AC
- 6 Kilmarnock H&AC
- 7 Motherwell AC
- 8 Springburn Harriers
- 9 Kilbarchan AAC
- 10 Cambuslang Harriers
- 11 Garscube Harriers
- 12 VP-Glasgow AC
- 13 North Ayrshire AC
- 14 Inverclyde AC
- 15 Greenock Glenpark Harriers
- 16 Helensburgh AAC

Pts Athlete

- 25 1 Emma Nicholson (1)
- 39 2 Emily Taylor (2)
- 54 7 Zoe Roberts (7)
- 59 18 Isla Milligan (18)
- 60 15 Zoe Baillie (15)
- 62 9 Ava Warboys (9)
- 64 3 Lena Skrzydlewska (3)
- 99 5 Brooke Dawson (5)
- 101 27 Isla Murray (27)
- 120 4 Brooke Walker (4)
- 125 8 Florence Skinner (8)
- 126 16 Caitlin Laing (16)
- 149 35 Isla Preston (35)
- 178 24 Rosie Callan (24)
- 226 71 Orla Trainer (71)
- 226 56 Lucy Mackenzie (56)

Athlete

- 10 Chloe Simpson (10)
- 6 Abbie Boyle (6)
- 13 Eilidh Stephen (13)
- 20 Abigail Good (20)
- 22 Nina Clark (22)
- 11 Megan Haggarty (11)
- 28 Martha Steel (28)
- 30 Willow Smith (30)
- 29 Kira Mitchell (29)
- 49 Ava Starrs (49)
- 44 Constance Gardiner (44)
- 53 Phoebe Bonham (53)
- 48 Kaiti McCue (48)
- 76 Rosa Currie (76)
- 75 Iona Quigley (75)
- 82 Charlotte Perrett (82)

Athlete

- 14 Olivia Gavin (14)
- 31 Grace Frood (31)
- 34 Charlotte Reilly (34)
- 21 Emily Good (21)
- 23 Melissa Ashelby (23)
- 42 Lacey Naismith (42)
- 33 Emily Devine (33)
- 64 Caoimhe McNulty (64)
- 45 Rebecca McCulloch (45)
- 67 Sophia Ewart (67)
- 73 Lena Weidenhammer (73)
- 57 Chloe Bryant (57)
- 66 Tilly Carroll (66)
- 78 Ella Pollard (78)
- 80 Stella McCabe (80)
- 88 Alice Heasman (88)

U13 Boys Teams**Pos Team Name**

- 1 Giffnock North AC
- 2 Kilmarnock H&AC
- 3 Kilbarchan AAC
- 4 Garscube Harriers
- 5 East Kilbride AC
- 6 VP-Glasgow AC
- 7 Cambuslang Harriers
- 8 Helensburgh AAC
- 9 West Dunbartonshire AC

Pts Athlete

- 10 1 Evan Tyler (1)
- 41 3 Callum Cooke (3)
- 62 6 Tyler McMeekin (6)
- 64 15 Brodie Burnett (15)
- 85 16 Owen Palmer (16)
- 104 24 Andrew William Ross (24)
- 119 36 Niall Smith (36)
- 124 25 Callum Murphy (25)
- 127 37 Ross Atkinson (37)

Athlete

- 4 Finlay Hamilton (4)
- 18 Calum Fitzgerald (18)
- 27 Oran Feely (27)
- 17 Samuel Robertson (17)
- 34 Harris Rosling (34)
- 33 Murray Freer (33)
- 40 David Lyon (40)
- 49 Bruno Sweeney (49)
- 44 Aidan Le Page (44)

Athlete

- 5 Christopher Cameron (5)
- 20 Harris Steven (20)
- 29 Noah Kerr (29)
- 32 Sorley Gemmell (32)
- 35 Calum McCormick (35)
- 47 Noah Freer (47)
- 43 Aiden O'connell (43)
- 50 Jonathan Platt (50)
- 46 Sean Bennett (46)

U15 Girls Teams**Pos Team Name**

- 1 Giffnock North AC
- 2 Inverclyde AC
- 3 North Ayrshire AC
- 4 VP-Glasgow AC
- 5 Law & District AAC
- 6 Kilbarchan AAC

Pts Athlete

- 16 3 Holly Simpson (3)
- 24 1 Grace Barry (1)
- 43 4 Lola Finnigan (4)
- 53 8 Anna Elizabeth Ross (8)
- 72 2 Lucy Taylor (2)
- 90 23 Amelie Kerr (23)

Athlete

- 6 Lucy Tonner (6)
- 10 Olivia Lyne (10)
- 15 Emy Finnigan (15)
- 16 Freya Matheson (16)
- 27 Olivia Inglis (27)
- 33 Lucy Preiss (33)

Athlete

- 7 Eve Cameron (7)
- 13 Nuala Munro (13)
- 24 Ella McMillan (24)
- 29 Mora McArdle (29)
- 43 Eilidh Boyle (43)
- 34 Daisy De Lange (34)

U15 Boys Teams**Pos Team Name**

- 1 Giffnock North AC
- 2 Garscube Harriers
- 3 Law & District AAC
- 4 Cambuslang Harriers
- 5 Kilmarnock H&AC

Pts Athlete

- 7 1 Louie Muir (1)
- 26 5 Connor Campbell (5)
- 46 8 Cameron Chambers (8)
- 68 17 Rory Barclay (17)
- 88 20 Jamie Walker (20)

Athlete

- 2 Max Deery (2)
- 10 Connor Birnie (10)
- 14 Blair Beverley (14)
- 23 Jack Gillon (23)
- 32 Callum Oneill (32)

Athlete

- 4 Cameron Nugent (4)
- 11 Archie Loch (11)
- 24 Jamie Mackie (24)
- 28 Oliver Lievonen (28)
- 36 Logan Peddie (36)

U17 Men Teams**Pos Team Name**

- 1 Kilbarchan AAC
- 2 Cambuslang Harriers
- 3 Giffnock North AC
- 4 Garscube Harriers

Pts Athlete

- 20 3 Alistair Street (3)
- 21 1 Daibhidh Kinnaird (1)
- 32 2 Alasdair Maclean (2)
- 39 7 Daniel Hendry (7)

Athlete

- 5 Joshua Mungin (5)
- 9 John Frood (9)
- 10 Aaron Reid (10)
- 8 Daniel Owens (8)

Athlete

- 12 Andrew Shorts (12)
- 11 Angus O'Neil (11)
- 20 Matthew Hill (20)
- 24 Kyle Thomson (24)

U17 Women Teams**Pos Team Name**

- 1 Giffnock North AC
- 2 Kilbarchan AAC
- 3 Garscube Harriers
- 4 East Kilbride AC

Pts Athlete

- 15 3 Freya Campbell (3)
- 23 1 Zara Redmond (1)
- 39 10 Nina Padmanabhan (10)
- 42 4 Matilda Frew (4)

Athlete

- 5 Scarlett Wilson (5)
- 6 Clara Bain (6)
- 14 Eilidh Wilson (14)
- 13 Eva Morrison (13)

Athlete

- 7 Isla Munro (7)
- 16 Olivia Cooper (16)
- 15 Sophie Gibbons (15)
- 25 Katie Fielding (25)

U20 Men Teams**Pos Team Name**

- 1 Giffnock North AC
- 2 Strathclyde University Harriers
- 3 Kilbarchan AAC
- 4 Cambuslang Harriers
- 5 East Kilbride AC
- 6 Glasgow University Hares & Hounds

Pts Athlete

- 9 1 Oliver Macdonald (1)
- 46 8 Ben Seath (8)
- 47 2 Fraser Gilmour (2)
- 50 12 Lewis Roddis (12)
- 51 10 Sam Hosie (10)
- 61 9 Seonaidh MacInnes (9)

Athlete

- 3 Glen Griffiths (3)
- 16 Joshua Mirtle (16)
- 17 Ryan Knights (17)
- 15 Finlay Robb (15)
- 14 Aaron Thomson (14)
- 20 Luke McDowell (20)

Athlete

- 5 Alasdair Nugent (5)
- 22 Matthew Sweeney (22)
- 28 Ryan Fitzpatrick (28)
- 23 Gabriel Murphy (23)
- 27 Jonathan Hunter (27)
- 32 Cieron Hadfield (32)

U20 Women Teams**Pos Team Name**

- 1 Giffnock North AC
- 2 Glasgow University Hares & Hounds

Pts Athlete

- 6 1 Saoirse McNulty (1)
- 19 5 Sasha l'Anson (5)

Athlete

- 2 Emma McLennan (2)
- 6 Valencia Wright (6)

Athlete

- 3 Ruth Walsh (3)
- 8 Ella Nicholson (8)

Senior Women Teams**Pos Team Name**

- 1 Cambuslang Harriers
- 2 Shettleston Harriers
- 3 Garscube Harriers
- 4 Giffnock North AC
- 5 Bellahouston Harriers
- 6 Springburn Harriers
- 7 Bellahouston RR
- 8 Glasgow University Hares & Hounds
- 9 VP-Glasgow AC
- 10 Law & District AAC
- 11 Greenock Glenpark Harriers

Pts Athlete

- 41 3 Eve MacKinnon (3)
- 63 1 Lynn McKenna (1)
- 75 7 Monica Blair (7)
- 106 8 Emma Creasey (8)
- 120 2 Rosa Donaldson (2)
- 125 10 Michelle Sandison (10)
- 162 5 Catriona MacDonald (5)
- 181 31 Flora Henry (31)
- 207 45 Lucy Olsen (45)
- 211 35 Reagan Binnie (35)
- 333 75 Ashley Anderson (75)

Athlete

- 6 Zoe Pflug (6)
- 19 Hannah Terrance (19)
- 11 Lesley Bell (11)
- 9 Heather Barnes (9)
- 25 Emily Renfrew (25)
- 12 Catriona Gillen (12)
- 44 Jennifer Conway (44)
- 38 Anna Dalglish (38)
- 48 Emma Thompson (48)
- 49 Elaine Boyle (49)
- 81 Jennifer Rooney (81)

Athlete

- 14 Katie Clubb (14)
- 20 Charlotte McKenna (20)
- 21 Katie White (21)
- 32 Allie Chong (32)
- 37 Kristina Glynn (37)
- 34 Ruth Fraser-Moodie (34)
- 47 Sophie Jenkins (47)
- 50 Tara Tallulah Garioch (50)
- 54 Christine Mackie (54)
- 51 Christine Neill (51)
- 82 Jill Aikman (82)

- 18 Holly Little (18)
- 23 Avril Mason (23)
- 36 Gillian Blee (36)
- 57 Hilary Carswell (57)
- 56 Katherine Hylands (56)
- 69 Fiona MacCormick (69)
- 66 Katie Blackett (66)
- 62 Linnea Skalberg (62)
- 60 Anna Bennett (60)
- 76 Lesley Graham (76)
- 95 Lorna Mitchell (95)

Masters Women Teams**Pos Team Name**

- 1 Garscube Harriers
- 2 Springburn Harriers
- 3 Giffnock North AC
- 4 Cambuslang Harriers
- 5 Bellahouston Harriers
- 6 East Kilbride AC
- 7 Bellahouston RR
- 8 Greenock Glenpark Harriers

Pts Athlete

- 15 11 Lesley Bell (2)
- 26 10 Michelle Sandison (1)
- 38 32 Allie Chong (7)
- 62 58 Kirsty O'Brien (14)
- 71 59 Marianne Wilson (15)
- 81 43 Kelly Baillie (10)
- 85 68 Veronica Fusaro (16)
- 94 82 Jill Aikman (24)

Athlete

- 21 Katie White (4)
- 34 Ruth Fraser-Moodie (8)
- 57 Hilary Carswell (13)
- 80 Bernadette O'Neil (23)
- 87 Kirsty Milton-moir (26)
- 74 Vivien Thorpe (19)
- 96 Pauline Wright (33)
- 95 Lorna Mitchell (32)

Athlete

- 36 Gillian Blee (9)
- 69 Fiona MacCormick (17)
- 71 Sheila Lewis (18)
- 84 Julie Reid (25)
- 93 Lauren Mackay (30)
- 126 Laura Maria Hervas (52)
- 101 Charlotte Parkinson (36)
- 104 Viki Smith (38)

Senior Men Teams

Pos	Team Name	Pts	Athlete	Athlete	Athlete	Athlete	Athlete
1	Cambuslang Harriers	55	2 Kevin Campbell (2)	8 Jamie MacKinnon (8)	9 Callum Tharme (9)	11 Fraser Stewart (11)	12 Cameron Smith (12)
2	Shettleston Harriers	95	1 Seyd Taha Ghafari (1)	3 Jamie Burns (3)	17 James Wootton (17)	20 Sam Lesley (20)	26 Cameron Muir (26)
3	Bellahouston Harriers	236	14 Jack Heathwood (14)	16 Matthew O'Connor (16)	37 Adam Stark (37)	50 Fraser Armstrong (50)	53 Brent Brodie (53)
4	Glasgow University Hares & Hounds	328	22 Finlay Raynor (22)	39 Stephen Addison (39)	48 Simon Dalton Celis (48)	49 Matthew Carlin (49)	51 Hayden Raftery (51)
5	Bellahouston RR	350	24 Oscar Coetzee (24)	38 Josh Evans (38)	44 Calum Borthwick (44)	69 Paul McNairn (69)	86 Stuart Laurence (86)
6	East Kilbride AC	385	19 John Fergusson (19)	34 Patrick Mochan (34)	42 Jack Kirwan (42)	61 Euan Rose (61)	113 David Gorman (113)
7	Greenock Glenpark Harriers	396	45 Andrew McCall (45)	55 Lewis Khan (55)	60 John Logan (60)	68 Paul Monaghan (68)	70 Daniel Doherty (70)
8	Strathclyde University Harriers	405	21 Tom Porter (21)	35 Alasdair McMonagle (35)	41 Euan Bell (41)	74 Finn Allan (74)	112 Christopher Main (112)
9	Kilmarnock H&AC	476	23 Martin Brown (23)	31 Craig Ferguson (31)	71 David McLure (71)	72 Tom Flood (72)	118 Ross McNaught (118)
10	Garscube Harriers	650	52 John Connolly (52)	59 Euan Convery (59)	114 Ian Thomson (114)	121 James Reid (121)	144 Neil Smith (144)
11	VP-Glasgow AC	820	94 Cameron Mackie (94)	106 Travis George (106)	109 Noel Slevin (109)	166 Alex Potter (166)	167 Iain Harding (167)
12	Motherwell AC	862	18 Jonathan Moore (18)	103 Alan Tait (103)	168 Kenneth Thom (168)	174 Grant Fawcett (174)	196 Shane Semple (196)
13	Westerlands CCC	878	80 Ross Anderson (80)	140 James Bryson (140)	146 Felton Humble (146)	162 Stephen Forcer (162)	170 Andrew Mott (170)
14	Glasgow FrontRunners	959	101 Ross Milne (101)	117 Stuart Miller (117)	169 Edmund White (169)	176 Chris Watson (176)	192 Neil Montgomery (192)
15	Calderglen Harriers	1166	130 Alan Derrick (130)	149 Andrew Buchanan (149)	195 Jason Grant (195)	218 Scott Hair (218)	235 Kenny Leinster (235)
16	Dumbarton AAC	1176	108 Joshua Farrell (108)	188 Tom Butler (188)	206 Kieran McQuade (206)	207 Chris Johnstone (207)	231 William Goldie (231)
							13 Kevan Harvey (13)
							28 Cameron Young (28)
							66 Lee Shaw (66)
							119 Dan De Luca (119)
							89 Bruce Carse (89)
							116 Jamie Clements (116)
							98 Steven Campbell (98)
							122 Alex Manley (122)
							161 Greig Glendinning (161)
							160 Craig Smith (160)
							178 Tom Ord (178)
							203 David Burns (203)
							180 Daniel Reid (180)
							204 Iain Newman (204)
							239 Russell Couper (239)
							236 John Dempster (236)

Masters Men Teams

Pos	Team Name	Pts	Athlete	Athlete	Athlete
1	Cambuslang Harriers	25	36 Colin Reilly (2)	54 Ian Hodge (5)	87 Mark King (18)
2	Shettleston Harriers	29	63 Iain Burns (7)	64 Chris Grant Pantrey (8)	73 Ronald Strachan (14)
3	Bellahouston RR	31	24 Oscar Coetzee (1)	69 Paul McNairn (11)	89 Bruce Carse (19)
4	Greenock Glenpark Harriers	45	68 Paul Monaghan (10)	70 Daniel Doherty (12)	98 Steven Campbell (23)
5	Bellahouston Harriers	45	53 Brent Brodie (4)	82 Donald MacLaren (16)	102 Alastair Skelton (25)
6	Garscube Harriers	77	52 John Connolly (3)	114 Ian Thomson (30)	144 Neil Smith (44)
7	Helensburgh AAC	83	83 Richard O'Grady (17)	105 Michael Sweeney (28)	133 Craig Binnie (38)
8	Ayr Seaforth AC	100	62 Kenneth Neill (6)	139 Alasdair Meldrum (40)	156 Peter Maclean (54)
9	Kilmarnock H&AC	141	71 David McLure (13)	161 Greig Glendinning (56)	184 Nicholas Carter (72)
10	Motherwell AC	149	103 Alan Tait (26)	168 Kenneth Thom (60)	174 Grant Fawcett (63)
11	East Kilbride AC	150	132 Keith Charters (37)	150 Andrew Chapman (48)	177 Arthur Mulholland (65)
12	Calderglen Harriers	163	130 Alan Derrick (36)	149 Andrew Buchanan (47)	195 Jason Grant (80)
13	Westerlands CCC	164	146 Felton Humble (46)	162 Stephen Forcer (57)	170 Andrew Mott (61)
14	West End RR	182	67 Stephen Brown (9)	191 Allen Campbell (78)	219 Greg McAlister (95)
15	VP-Glasgow AC	183	166 Alex Potter (58)	167 Iain Harding (59)	178 Tom Ord (66)
16	Tron Tortoises AC	205	142 Matt Pearce (42)	173 John McCabe (62)	226 Alan Dunlop (101)